

Let us embrace what is essential

ARTURO MARTINI, The Shepherd (1930)

When at peace,
we discover the freedom to be ourselves more fully,
even in the worst of times.

We detach ourselves from that which is unnecessary
and embrace what is essential.

We unburden ourselves
so that God may work
in us more fully.

Thus we become tools in the hands of the Lord.

JOSEPH LOUIS BERNARDIN